



Images by © Carl Johnson And Connor Truskowski



The Dave Thorsness Rowing Challenge

"The Dave" is named in honor of a man who helped bring the sport of rowing to Alaska. This Rowing Challenge offers members of the community an opportunity to learn a new sport, encourage competition, support the team and other community agencies, while at the same time, having a boatload of fun. It's a team sport where everyone, literally, has to pull together.

As part of his stellar 42-year law career, Dave Thorsness encouraged the spirit of cooperation in working for a common good while, at the same time, mindful of the energy created by competition. An avid sportsman, he worked to bring the exhilaration of sporting meets to the community. His children were standout athletes with two rowing in college. His daughter, Kristen, competed in the 1984 Olympic Games, where her team won the gold medal in rowing. Inspired by her determination, the Anchorage Rowing Association provides a true *team* sport to a wide range of members in the community.

Following Dave's passing in 1999, the Anchorage Rowing Association decided a regatta would be a good way to honor his life. It is a tribute to a man who inspired many to meet the challenge and win through team work!

Anchorage Rowing Association

Enriching the lives of our members and the community through the sport of rowing.

Contact us at teammanger@anchagerowing.com

Pay your registration fees at:

A weekend regatta that puts teamwork to the test.



**TEAMWORK,
SPIRIT,
CHALLENGE!**

TRAINING WEEK Mon.-Sat. _____
Instruction | Training | Lake Practice

SUNDAY, 11am Start _____
Race Day | Family Picnic



"My daughter and I had never participated in anything that was athletic together... she enjoyed it so much we now have a family membership in ARA."

Walt Murphy & Family



HOW IT WORKS

Your team will be assigned a club member liaison and skilled coxswain. Stationary rowing machine sessions and one lake practice will be scheduled during the week before the race. At practice, you will learn basic rowing strokes, identify your strengths, and develop a strategy to maximize your winning potential. On Regatta Day, your team will meet at Jewel Lake to show your stuff at least twice in a side-by-side 350-meter race. *A picnic is provided, so bring your friends to cheer you on!*

- Learn basic strokes of rowing
- Enjoy a vigorous cardiovascular/total body workout
- Work with others as a crew

FINE PRINT

- Each participant must sign a waiver verifying they can swim and tread water for 5 minutes. A swim test can be arranged at a local pool.
- This is a fun, team-building event. Age and gender handicapping will not be applied; however, we encourage teams to include a variety of people in their boats. Remember, the goal is to work together!
- To encourage sportsmanship, only one ARA member is allowed to row in each boat.

REQUIREMENTS

An entry fee, plus a commitment to attend the practices and regatta. Participants must sign waiver of liability and be able to tread water for 5 minutes.

No experience necessary, but participants must participate in the lake practice. Minimum age is 12 years old.

ENTRY FEES

Corporate Team: One boat (8 seats) for \$2,000. Sponsors may provide their own rowers or underwrite others.

Our Sponsored Team: Each year we choose a deserving community non-profit to support. We will be pledging 5% of our gross event income to this deserving organization.

The Anchorage Rowing Association is a 501 c3 non-profit organization. Contributions are tax deductible. Proceeds support the Anchorage Rowing Association with a portion allotted to a local charity.

"I never guessed I would get hooked (on rowing). Through rowing I have met fun people, traveled to exciting places and am in the best shape of my life - all because of the DAVE!"

Emma Haddix

WINNERS

Champion team receives the Rotating Trophy. The top three winning teams receive medals. Photo plaques will be given to all teams.

A portion of the proceeds will be donated to a local charity in the name of all the participants.

Applications accepted on first come basis; boats fill fast. Sign up now and get an edge on the competition.

MAKE HISTORY

Join the teams who have already met the Challenge.

- Abercorn Group
- Alaska Heart Institute
- Alaska Permanent Capital Management
- Alaska Rubber & Supply
- Alaska Waste
- American Heart Association
- Anchorage Oncology Associates
- Anchorage Orthopedic & Fracture Clinic
- Anchorage Fire Department
- Anchorage Yoga
- BP Alaska
- Curzie Chiropractic
- Conoco Phillips
- Capital Glass/Northern Windows
- Davis Constructors & Engineers
- Davis Wright Tremaine, LLP
- Duane Miller Associates, LLC
- Golder Associates, Inc.
- HDR Alaska
- Hughes, Thorsness, Powell, Huddleston and Bauman Attorneys at Law.
- Imaging Associates
- McKinley Capital Management, Inc.
- Motorheads
- NANA
- Orange Theory
- William C. Schlansker, DMD
- Southcentral Foundation
- USAF, 19th Fighter Squadron EAFB

"We have participated in this event for several years and always have a fun time... Teamwork, pulling together and a common goal are all part of rowing and transition well into our business."

Janece Higgins
President, Alaska Rubber Group