

Moose Nugget Regatta  
 Saturday, July 29, 2023  
 Wasilla Lake, Alaska

DRAFT SCHEDULE AS OF JUNE 12, 2023

Event No.	Time	Event Shortname	Event
1	12:00 PM	W4x	Womens Masters 4x
2	12:10 PM	M2x	Mens Masters 2x
3	12:20 PM	WNov1x/MNov1x	Womens Novice 1x/Mens Novice 1x
4	12:30 PM	W1x	Womens Masters 1x
5	12:40 PM	MJr2x	Mens Junior 2x
6	12:50 PM	M4x	Mens Masters 4x
	1:00 PM	break	
7	1:10 PM	MixNov8+/MixJr8+	Mixed Novice 8+/Mixed Jr 8+
8	1:20 PM	W2x	Womens 2x
9	1:30 PM	WAdapt1x/M1x	Womens Adaptive 1x/Mens Masters 1x
	1:40 PM	break	
10	1:50 PM	WJr2x	Womens Junior 2x
11	2:00 PM	Mix4x	Mixed Masters 4x
12	2:10 PM	W4+	Womens Masters 4+
13	2:20 PM	MNov2x/WNov2x	Mens Novice 2x/Womens Novice 2x
14	2:30 PM	MJr4x/WJr4x/MixJr4x	Mens Junior 4x/Womens Junior 4x/Mixed Junior 4x
15	2:40 PM	M8+/W8+/Mix8+	Mens Masters 8+/Womens Masters 8+/Mixed Masters 8+
16	2:50 PM	MixJr2x/MixNov2x	Mixed Jr 2x/Mixed Novice 2x
17	3:00 PM	MNov4x/WNov4x/MixNov4x	Mens Novice 4x/Womens Novice 4x/Mixed Novice 4x
18	3:10 PM	MJr1x/WJr1x	Mens Junior 1x/Womens Junior 1x
19	3:20 PM	Mix2x	Mixed Masters 2x
	3:30 PM	break	
	3:40 PM	break	
20	3:50 PM	Ham 'n Egger 8+	8+ open to all rowers, all teams. Sign up at the event.

#### Defintions

1x, single; 2x, double; 4x, quad; 4+, coxed four; 8+, coxed eight

M, men; W, women; Mix, at least half women

Nov, novice (first 2 yrs of rowing)

Jr, under age 19 at the end of the year

Adapt, adaptive

#### Notes

Maximum 4 races per rower.

The schedule and event categories are subject to change depending on entries.

Age handicaps will apply to all races that have "Masters" in the race category. In Masters races, athletes 19-27 will be handicapped as 27, and age-specific handicaps will apply to those older than 27. Events in the program are listed by gender (M, W, or Mix), then category (Masters, Juniors, or Novice), then by boat type (2x, 8+, etc.). If an event has a hyphen in the definition the event will be medaled as one event and handicaps for Masters will still apply. If the event has a slash then each category listed will be medaled separately. For example, W-WJr1x would be medaled as one event and W/WJr2- would have a medal for the first place athlete 19 and above and a medal for first place under 19.

#### Signup procedures

Anchorage Rowing Association members: See instructions in team emails.

Other teams: Email lineups by event to moosenugget@anchagerowing.com and provide a list of rower names and birthdates. Arrange for payment of the entire team at once. Equipment loan is possible but limited.