

## **Moose Nugget Regatta Quick Facts**

### **General Info**

The regatta is generally the third weekend in July and features 1,000-meter side-by-side sprints on a five-lane buoyed course on Wasilla Lake in Wasilla, Alaska. Independent racers as well as members of clubs are welcome to race at this event. Our goal is to make the best race experience possible for every participant. Contact the regatta committee at [moosenugget@anchoragerowing.com](mailto:moosenugget@anchoragerowing.com) with questions about the regatta or travel to Alaska!

### **Registration**

Submit all info to [moosenugget@anchoragerowing.com](mailto:moosenugget@anchoragerowing.com). Athlete and spectator food counts are due three Fridays before racing. Lineups and a list of rower names and birth years are due two Wednesdays before racing. Check the website for firm dates. Teams are responsible for collecting payment from members and making payment directly to Anchorage Rowing Association by check or credit card before or at the event.

### **What you get**

Regatta entry is for the full day and includes as many races as desired, potluck breakfast items, snacks, and lunch.

### **Equipment**

Bow numbers will be provided. Limited equipment rental is available for \$25 per seat. Please make your request as early as possible by emailing [moosenugget@anchoragerowing.com](mailto:moosenugget@anchoragerowing.com).

### **Trailer Parking**

Overnight parking for trailers is available at Newcomb Park on Friday evening after 5 pm through the end of racing. Please remember you park at your own risk. If you arrive earlier than Friday at 5 pm you will need to find an alternate site for your trailer. You can move it to the park lawn after 5 pm Friday evening. Please note absolutely no vehicles can be parked on the lawn – vehicles must be disconnected from the trailer and parked in the parking lot.

### **Parking**

Race day parking at Newcomb Park (900 E Parks Highway) can be limited. Carpooling is strongly encouraged. Overflow parking is available at the lot at SE corner of North Knik Street and East Herning Ave. Please do not park in the Pizza Hut parking lot.

### **Cost**

Cost for athletes is \$40. Costs for regatta food for spectators is \$12 per day for those age 12 and up, \$6 for kids 5-11, and free for under age 5.

### **Events**

A draft event schedule is posted on the website for the purpose of signups. Expect modifications after the entry deadline to combine events having relatively few entries or to resolve rower conflicts. Final schedules will be provided to coaches/team representatives to distribute. Please contact [moosenugget@anchoragerowing.com](mailto:moosenugget@anchoragerowing.com) well before the entry deadline if you would like to enter an event not listed, or have concerns about schedule conflicts.

## Categories and Handicapping

If heats are needed, all races with 2 heats will progress top 2 plus the next fastest time to the final. Races with more than 2 heats will have their progression announced on race day.

*Masters:* Athletes who are 19 or older as of the end of this calendar year.

*Sweep Novice:* Athletes who started sweep racing after January 1 of the previous year.

*Sculling Novice:* Athletes who started sculling racing after January 1 of the previous year.

*Junior:* Athletes under the age of 19 as of the end of this calendar year.

*Coaches:* *These definitions have some leeway; please honor the spirit of these categories while giving your rowers the best possible race experience. If in doubt, email [moosenugget@anchoragerowing.com](mailto:moosenugget@anchoragerowing.com).*

Age handicaps will apply to all races that have “Masters” in the race category. In Masters races, athletes 19-27 will be handicapped as 27, and age-specific handicaps will apply to those older than 27. Events in the program are listed by gender (M, W, or Mix), then category (Masters, Juniors, or Novice), then by boat type (2x, 8+, etc.). If an event has a hyphen in the definition the event will be medaled as one event and handicaps for Masters will still apply. If the event has a slash then each category listed will be medaled separately. For example, W-WJr1x would be medaled as one event and W/WJr2- would have a medal for the first place athlete 19 and above and a medal for first place under 19. Team trophy points are awarded for all boats in any race in which there is an entry from at least three different clubs. 1<sup>st</sup> place receives points equal to the number of lanes (usually 5). Each successive place is one point less.

## Course

All boats will launch from the designated area along the park’s sandy beach. Rowers should expect to wade into the water up to mid-thigh and must wear water shoes for foot protection. The course will have lines of buoys every 20 m. Buoys are typically red at the 250, 500, and 750 m mark and yellow for the last 200 m, but actual marking will be explained at the All Hands Meeting. Other non-regatta markers are present, and the finish line is not perpendicular to shore, so be sure coxes and scullers understand the course markings.

## Practice Times

Course will be open in the early morning before the race for teams wishing to practice. No safety launches will be on the course, so row at your own risk. Email [moosenugget@anchoragerowing.com](mailto:moosenugget@anchoragerowing.com) for more info.

## Regatta Schedule

The course will be laid during the afternoon of the day before the regatta starts. You may row in lanes after course is set.

10:30 AM: All Hands (coaches, coxes, all rowers) meeting at green bench.

10:45 AM: Officials, volunteers, and timers meeting at the timing tent.

11:00 AM: Course open for launching first boats with safety launches. Safety launches will not be on the water before this time so row at your own risk.

12:00 PM: First event