

Moose Nugget Regatta Quick Facts

General Info The regatta is generally the third weekend in July and features 1,000 meter side by side sprints on a five lane buoyed course on Wasilla Lake in Wasilla, Alaska. Independent racers as well as members of clubs are welcome to race at this event. Each team should submit a single entry at www.regattacentral.com. Our goal is to make the best race experience possible for every participant.

Registration Deadlines Athlete and spectator food numbers are due in Regatta Central three Fridays before racing. Boat registration is due in Regatta Central two Wednesdays before racing. Check [Regatta Central](#) for firm dates. Teams are responsible for collecting payment from members and making payment directly to Anchorage Rowing Association by check or credit card by the first day of racing.

What you get Regatta entry is for the full weekend and includes as many races as desired, continental breakfast, and lunch on both days.

Equipment Bow numbers will be provided. Limited equipment rental is available for \$25 per seat. Please make your request as early as possible by emailing moosenugget@anchoragerowing.com.

Trailer Parking Overnight parking for trailers is available at Newcomb Park on Friday evening after 5 pm through Sunday end of racing with an ARA representative camping in the parking of Newcomb Park. Please remember you park at your own risk. If you arrive earlier than Friday at 5 pm you will need to find an alternate site for your trailer. You can move it to the park lawn after 5 pm Friday evening. Please note absolutely no vehicles can be parked on the lawn – vehicles must be disconnected from the trailer and parked in the parking lot as soon as trailer is positioned.

Parking Race day parking at Newcomb Park (900 E Parks Highway) can be limited. Carpooling is encouraged. Overflow parking is the gravel parking lot behind NAPA Auto Parts. Do not park in the Pizza Hut parking lot. Cost for athletes is \$40.

Costs Costs for regatta food for spectators is \$10 per day for those age 12 and up, \$5 for kids 5-11, and free for under age 5.

Events Events are shown in [Regatta Central](#). Races without enough entries may be combined with other events in a single time slot. Heats and finals shown in the proposed schedule are dependent on the number of entries submitted. Please contact moosenugget@anchoragerowing.com well before the entry deadline if you would like to enter an event not listed, or have concerns about schedule conflicts.

Categories and Handicapping All races with 2 heats will progress top 2 plus the next fastest time to the final. Races with more than 2 heats will have their progression announced on race day. Masters: Athletes who are 19 or older as of the end of this calendar year. Sweep Novice: Athletes who started sweep racing after January 1 of the previous year. Sculling Novice: Athletes who started sculling racing after January 1 of the previous year. Junior: Athletes under the age of 19 as of the end of this calendar year. Coaches: These definitions have some leeway; please honor the spirit of these categories while giving your rowers the best possible race experience. If in doubt email moosenugget@anchoragerowing.com.

Age handicaps will apply to all races that have "Masters" in the race category. In Masters races athletes 19-27 will be handicapped as 27, and age-specific handicaps will apply to those older than 27. Events in the program are listed by gender (M, W, or Mix), then category (Masters, Juniors, or Novice), then by boat type (2x, 8+, etc.). If an event has a hyphen in the definition the event will be medaled as one event and handicaps for Masters will still apply. If the event has a slash then each category listed will be medaled separately. For example, W-WJr1x would be medaled as one event and W/WJr1x would have a medal for the first place athlete 19 and above and a medal for first place under 19.

Course All boats will launch from the designated area along the park's sandy beach. Rowers should expect to wade into the water up to mid-thigh and must wear water shoes for foot protection. The course will be buoyed with five lines of buoys every 20 meters and the last 200 meters will be yellow.

There will be shore signs indicating the 250, 500, and 750m mark. Other non-regatta markers are present, and the finish line is not perpendicular to shore, so be sure coxes and scullers understand the course markings.

Practice Times Course will be open in the early morning before the race for teams wishing to practice. No safety launches will be on the course, so row at your own risk. Email

moosenugget@anchoragerowing.com for more info. Regatta Schedule Course will be laid during the afternoon of the day before the regatta starts. You may row in lanes after course is set.

Saturday 10:30 AM: All Hands (coaches, coxes, all rowers) meeting at green bench – remember average ages will not be changed on race day.

10:45 AM: Officials, volunteers, and timers meeting at the timing tent.

11:00 AM: Course open for launching first boats with safety launches. Safety launches will not be on the water before this time so row at your own risk.

Sunday 8:30 AM: All Hands meeting at green bench.

8:45 AM: Officials, volunteers, and timers meeting at the timing tent.

9:00 AM: Course open for launching first boats. Safety launches will not be on the water before this time so row at your own risk.