

ARA Coxing Policy

Anchorage Rowing Association offers two reimbursement options to encourage members to try coxing with the goal of increasing the number of trained coxswains available to the team. Members may choose to be a dedicated cox'n for the full season, May to September, or to serve as a short-term cox'n as outlined below:

The Dedicated Cox will:

- Have annual membership and monthly dues waived
- Complete a US Rowing Waiver
- Complete an ARA membership selecting the Dedicated Cox'n option
- Sign up via the online calendar by 10 AM of the practice day to cox at a masters, junior or novice ARA coached team practice at least two times a week during twelve (nonconsecutive) weeks of the May to September season
- Submit a list of dates coxed during the month to the team manager by the last day of the month
- Be charged an annual membership fee if the minimum number of practices has not been met by the end of the season
- Be evaluated by a coach as requested
- Have the option of rowing at other coached or self-organized practices

The Short-Term Cox will:

- Have monthly dues waived for any month in which five practices are coxed
- Complete a US Rowing Waiver
- Complete a regular ARA membership and pay monthly dues when not coxing
- Notify the Team Manager by the first of the month to have monthly dues waived for a month in which five practices will be coxed
- Sign up via the online calendar by 10 AM of the practice day to cox at a masters, junior or novice ARA coached team practice a minimum of five times during the month
- Submit a list of dates coxed during the month to the team manager by the last day of the month
- Be charged monthly dues if the minimum number of practices has not been met by the end of the month
- Be evaluated by a coach as requested
- Have the option of rowing at other coached or self-organized practices

When a dedicated coxswain is not available the coach may ask a rower to act as coxswain. All members of the team may be called upon to cox during the season. If a rower feels he/she is shouldering a disproportionate share of the coxing duties he/she should speak to the coach. A coxswain in this capacity receives no fee waivers.

A visiting cox arranges with the team manager to attend practice as a coxswain and pays no guest fees. After signing a US Rowing Waiver this individual will be boated at the coach's discretion.

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